



INTERNATIONAL DAY CAMP

THE BEST SUMMER FUN IN THE BEAUTIFUL POCONO MOUNTAINS!

IDC'S PACKING GUIDE

- 1 x Bathing Suit
- 1 x Towel
- 1 x Pair of Sandals
- 1 x Pair of Sneakers (required for the high ropes course, Scary Aerie).
- 1 x Plastic zipper bag labeled with your child's name containing a full change of clothes (t-shirt, shorts, underwear and socks).
- 1 x Water Bottle – There are plenty of places around camp to refill water bottles.
- Sunscreen
- Insect Repellant
- Hat
- Weather dependent attire: rain jacket/ poncho, light jacket or sweatshirt.

Please label all items and place them in a backpack also labeled with your child's name.

IDC has more than 20 incredible traditional recreation activities available for our campers:

200ft Waterslide, Gaga Ball, Spaceball, Beach Volleyball, Arts & Crafts, Reading + Board Games Lounge, Karaoke, Cornhole, Giant Chess + Checkers, Table Tennis, Foosball (Table Soccer), Pool, Mini-Golf, Kayaking, High Ropes Course (Scary Aerie), Archery Tag, Water Guns, Lazer Tag, Tennis, Pickleball, Shuffleboard, Soccer, and

more!



For more details, check out our website at www.internationaldaycamp.com, call the camp office at 570-629-0244, or email us at daycamp@international.gymnastics.com.